

Points and Pathways Acupuncture/Lynne Budde Sheppard, L.Ac. Patient Notification of Qualifications and Scope of Practice

East Asian medicine means a health care service using East Asian medicine diagnosis and treatment to promote health and treat organic or functional disorders.

1. My qualifications include the following education and license information:
 - (a) Received M.Ac. (Masters of Acupuncture) degree from the Northwest Institute of Acupuncture and Oriental Medicine, Seattle, Wa, 2001.
 - (b) Completed 3 year masters program included 1090 hours of coursework in East Asian medical theory and practice, 385 hours of Western clinical sciences and 850 hours of supervised clinical internship.
 - (c) Licensed in the state of Washington, license number #AC00001893. (2002-present)
 - (d) NCCAOM diplomat, nationally certified acupuncturist. (2002-present)

The scope of practice for an East Asian medicine practitioner in the state of Washington includes the following:

- (a) Acupuncture, including the use of acupuncture needles or lancets to directly or indirectly stimulate acupuncture points and meridians;
 - (b) Use of electrical, mechanical, or magnetic devices to stimulate acupuncture points and meridians
 - (c) Moxibustion;
 - (d) Acupressure;
 - (e) Cupping;
 - (f) Dermal friction technique;
 - (g) Infra-red;
 - (h) Sonopuncture;
 - (i) Laserpuncture;
 - (j) Point injection therapy (aquapuncture);
 - (k) Dietary advice and health education based on East Asian medical theory and nutritional supplements;
 - (l) Breathing, relaxation, and East Asian exercise techniques;
 - (m) Qi Gong;
 - (n) East Asian massage and Tui na, which is a method of East Asian bodywork, characterized by the kneading, pressing, rolling, shaking, and stretching of the body and does not include spinal manipulation;
 - (o) Superficial heat and cold therapies
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3. Side effects may include, but are not limited to:
 - (a) Pain following treatment;

- (b) Minor bruising;
- (c) Infection
- (d) Needle sickness;
- (e) Broken needle

4. The patient must inform the East Asian medicine practitioner if the patient has a severe bleeding disorder or pacemaker, prior to treatment.

Patient name (print)

Patient signature

Date _____